



VIVACARE PATIENT EDUCATION TITLES - PARTIAL LIST

Over 1,500 titles available. Contact Vivacare for more options.

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ALLERGY

Allergic Conjunctivitis
Allergic Rhinitis
Allergy Shots
Anaphylaxis
Contact Dermatitis
Drug Allergy
Dust Mite Allergy
Food Allergy
Hives (Urticaria)
Insect Sting Allergy
Latex Allergy
Mold Allergy
Nasal Polyps
Peanut Allergy
Pet Allergy
Pollen Allergy (Hay Fever)

CARDIOLOGY

Angina (Chest Pain)
Angioplasty
Aortic Aneurysm (AA)
Atherosclerosis
Atrial Fibrillation
Atrial Septal Defect (ASD)
Bacterial Endocarditis
Cardiac Arrest
Cardiac Rehabilitation
Cardiomyopathy
Cardioversion
Congenital Heart Defects
Coronary Angiography
Coronary Artery Bypass Grafting
Coronary Artery Disease
Deep Vein Thrombosis (DVT)
Heart Arrhythmia
Heart Attack (Myocardial Infarction)
Heart Block
Heart Failure
Heart Murmur
Heart Palpitations
Heart Surgery
Heart Transplant
Heart Valve Disease
High Blood Pressure
High Cholesterol
Long QT Syndrome
Low Blood Pressure (Hypotension)
Mitral Valve Prolapse
Orthostatic Hypotension
Pacemaker

Patent Ductus Arteriosus (PDA)
Peripheral Arterial Disease (PAD)
Pulmonary Embolism
Stents
Stress Testing
Supraventricular Tachycardia (SVT)
Triglycerides
Ventricular Septal Defect

CHILDCARE

Breastfeeding
Car Safety Seats
Child Development
Child Safety
Childhood Nutrition
Circumcision
Colic and Newborn Crying
Delayed Puberty
Diaper Dermatitis
Growth Charts for Children
Newborn Care
Newborn Jaundice
Overweight and Obesity in Childhood
Poison Prevention
Positive Parenting
Safe Sleep for Babies
Sudden Infant Death (SIDS)
Toilet Training
Well Child Checks

DERMATOLOGY

Acne
Actinic Keratoses
Aging Skin & Wrinkles
Albinism
Alopecia Areata
Athlete's Foot
Atopic Dermatitis
Bed Bugs
Boils and Carbuncles
Botulinum Toxin Cosmetic
Chemical Peels
Cosmeceuticals
Cryotherapy
Curettage & Cautery
Decubitus Ulcers (Bed Sores)
Dermal Fillers
Dermatitis Herpetiformis
Eczema (Dermatitis)
Erythema Multiforme Minor
Fractional Lasers

Hair Loss (Balding)
Hand Dermatitis
Head Lice
Hemangiomas
Impetigo
Indoor Tanning Risks
Keloids
Laser Hair Removal
Laser Resurfacing
Melasma
Mohs Surgery
Molluscum Contagiosum
Pemphigus
Perioral Dermatitis
Poison Ivy, Oak and Sumac
Psoriasis
Rosacea
Scar
Seborrheic Dermatitis
Seborrheic Keratosis
Skin Biopsy
Skin Care
Skin Grafting
Skin Self Exam
Spider Veins
Sunburn
Sunscreens
Tattoo Removal
Tinea Versicolor
Varicose Veins
Vitiligo
Warts

DIET, NUTRITION & FITNESS

Dietary Supplements
Exercise
Exercise and Your Heart
Folic Acid
Gluten Free Diet
Injury Prevention
Overweight and Obesity
Performance Enhancing Substances
Sport Injuries
Stretching and Flexibility
Vitamins and Minerals
Weight Loss

ENDOCRINOLOGY

Carbohydrate Counting
Diabetes, Gestational
Diabetes, Type 1
Diabetes, Type 2



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Diabetic Foot Care
Diabetic Ketoacidosis (DKA)
Diabetic Nephropathy
Diabetic Neuropathy
Diabetic Retinopathy
Glucose Monitoring
Graves' Disease
Hashimoto's Thyroiditis
Hyperthyroidism
Hypothyroidism
Metabolic Syndrome
Precocious Puberty
Prediabetes
Risks and Complications of Diabetes

ENT & DENTAL HEALTH

Cleft Lip & Palate
Cochlear Implants
Dental and Oral Health
Dental Care for Children
Dental Sealants for Children
Fluoride and Tooth Decay
Hearing Aids
Hearing Loss
Hearing Loss in Children
Periodontal Disease
Presbycusis
Tinnitus
TMJ Disorder

EYE HEALTH

Age Related Macular Degeneration
Amblyopia
Astigmatism
Cataracts
Dry Eye
Eye Exam
Eye Floaters
Glaucoma
Hyperopia
Myopia (Nearsighted)
Presbyopia
Retinal Detachment
Uveitis
Vision Problems (Refractive Errors)

GASTROENTEROLOGY

Appendicitis
Autoimmune Hepatitis
Celiac Disease

Cirrhosis of the Liver
Colonic Polyps
Colonoscopy
Constipation
Crohn's Disease
Diarrhea
Diverticulitis & Diverticulosis
Foodborne Illness
Gallstones
Gastritis
Gastroesophageal Reflux (GERD)
Gastrointestinal Bleeding
Hemorrhoids
Indigestion
Inflammatory Bowel Disease
Intussusception
Irritable Bowel Syndrome (IBS)
Lactose Intolerance
Nonalcoholic Steatohepatitis
Pancreatitis, Acute
Pancreatitis, Chronic
Peptic Ulcer
Pinworm
Traveler's Diarrhea
Ulcerative Colitis (UC)
Volvulus

GENERAL HEALTH

Advanced Directives
Alcohol Use and Abuse
Bug Bite Prevention
Drug and Substance Abuse
Health Info on the Internet
Health Insurance
Medication Diary
Nutrition
Occupational Therapy (OT)
Physical Therapy (PT)
Sleep and Health
Smoking Cessation (Stop Smoking)
Travel Health

TESTS – IMAGING STUDIES

Chest X-Ray
Colonoscopy, Virtual
CT Scan of the Chest
CT Scan of the Head
Functional MRI (fMRI)
Lower GI Series
MRI of the Head
MRI of the Spine

Nuclear Heart Scan

INFECTIONS

Antimicrobial Resistance
Cellulitis
Chickenpox
Chlamydia
Common Cold (URI)
Conjunctivitis, Bacterial & Viral
Ear Infection (Otitis Media)
Gastroenteritis, Viral
Genital Warts (Condyloma)
Hepatitis A
Hepatitis B
Hepatitis C
Herpes, Genital
HIV / AIDS
Influenza (The Flu)
Lyme Disease
Meningitis
MRSA
Oral Candidiasis (Thrush)
Pneumonia
Sexually Transmitted Infections (STIs)
Shingles (Herpes Zoster)
Sinusitis, Acute
Sinusitis, Chronic
Strep Throat
Tuberculosis (TB)
Urinary Tract Infection (UTI)

MEDICATIONS

ACE Inhibitors
Angiotensin Receptor Blockers (ARBs)
Antibiotics
Anticoagulants
Antidepressants
Antiepileptic Drugs
Antihistamines
Beta Blockers for Heart Disease
Bronchodilators, Inhaled
Calcium Channel Blockers
Carbamazepine
Corticosteroids, Topical
Corticosteroids, Inhaled
Coumadin (Warfarin)
Digoxin
Diuretics
Epinephrine for Anaphylaxis
H2 Blockers
Insulin



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Iron Supplements
Laxatives and Stool Softeners
Leukotriene Inhibitors
NSAIDs
Proton Pump Inhibitors (PPIs)
Statins for High Cholesterol

MENTAL HEALTH

Anorexia Nervosa
Anxiety Disorders
Attention Deficit Hyperactivity Disorder
Autism Spectrum Disorder
Bipolar Disorder
Borderline Personality Disorder
Cognitive Behavioral Therapy
Depression
Eating Disorders
Learning Disabilities
Obsessive-Compulsive Disorder
Panic Disorder
Personality Disorders
Post-Traumatic Stress Disorder (PTSD)
Postpartum Depression
Psychotherapy
Schizophrenia
Seasonal Affective Disorder
Social Anxiety Disorder
Suicide

NEPHROLOGY

Hemodialysis
Kidney Disease, Screening
Kidney Stones (Urolithiasis)
Peritoneal Dialysis

NEUROLOGY

Acoustic Neuroma
Alzheimer's Disease
Amyotrophic Lateral Sclerosis
Arteriovenous Malformation (AVM)
Bell's Palsy
Botulinum Toxin for Focal Dystonia
Botulinum Toxin for Spasticity
Cerebral Aneurysm
Charcot-Marie-Tooth
Concussion
Deep Brain Stimulation (DBS)
Encephalitis
Epilepsy

Focal Dystonias
Guillain-Barre
Headache, Cluster
Headache, Menstrual
Headache, Migraine
Headache, Tension-type
Hydrocephalus
Insomnia
Mild Cognitive Impairment (MCI)
Multiple Sclerosis
Myasthenia Gravis
Myofascial Pain Syndrome
Parkinson's Disease
Peripheral Neuropathy
Post-concussion Syndrome
Postherpetic Neuralgia
Restless Leg Syndrome (RLS)
Sciatica
Seizures, Absence (Petit Mal)
Seizures, Febrile
Seizures, Focal
Spasticity
Spinal Cord Injury
Status Epilepticus
Stroke
Stroke Rehabilitation
Subarachnoid Hemorrhage
Subdural Hematoma
Transient Ischemic Attack (TIA)
Transverse Myelitis
Traumatic Brain Injury
Tremor, Essential Tremor
Trigeminal Neuralgia

ONCOLOGY

Brain Tumor
Breast Cancer
Cancer Staging
Cervical Cancer
Chemotherapy
Colorectal Cancer
Endometrial Cancer
Lung Cancer (NSC)
Melanoma
Metastatic Cancer
Ovarian Cancer (Epithelial)
Pathology Reports
Prostate Cancer
Radiation Therapy
Skin Cancer, Basal Cell
Skin Cancer, Squamous Cell
Tumor Grade

ORTHOPEDICS

ACL Injury
Ankle Sprain
Arthroscopy
Back Pain
Bone Mineral Density Test
Bursitis and Tendinitis
Carpal Tunnel Syndrome
Chondromalacia
Growth Plate Fractures
Hip Fracture
Iliotibial Band Injury
Knee Tendon Injury
Low Back Pain
Meniscal Injury of the Knee
Neck Pain
Osteoporosis
Patellofemoral Pain
Piriformis Syndrome
Plantar Fasciitis
Repetitive Stress Injuries
Rotator Cuff Injury
Scoliosis
Shoulder Dislocation
Shoulder Separation
Spinal Stenosis
Sprains and Strains
Stress Fracture
Thoracic Outlet Syndrome

PREGNANCY

Amniocentesis and CVS
Breech Presentation
Cesarean Section (C-section)
Ectopic Pregnancy
Group B Strep During Pregnancy
High-Risk Pregnancy
Labor and Delivery
Miscarriage
Preconception Care
Preeclampsia and Eclampsia
Pregnancy Risks and Complications
Pregnancy Stages
Pregnancy Tests
Prenatal Care
Preterm Labor
Staying Healthy During Pregnancy
Twins and Triplets
VBAC (Vaginal Birth after C-section)



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PREVENTION

Vaccine, DTaP
Vaccine, Hepatitis A
Vaccine, Hepatitis B
Vaccine, Hib
Vaccine, HPV
Vaccine, Influenza
Vaccine, Meningococcal
Vaccine, MMR
Vaccine, Pneumococcal (PPSV23)
Vaccine, Pneumococcal Conjugate (PCV13)
Vaccine, Polio (IPV)
Vaccine, Rotavirus
Vaccine, Shingles (Zoster)
Vaccine, Td (Tetanus/Diphtheria)
Vaccine, Tdap
Vaccine, Varicella

RESPIRATORY

Asthma
Asthma Medications
Bronchoscopy
Childhood Asthma
COPD
Exercise-Induced Asthma (EIA)
Metered Dose Inhaler (MDI)
Nebulizer
Peak Flow Meter
Sleep Apnea

RHEUMATOLOGY

Fibromyalgia
Gout
Lupus
Osteoarthritis
Psoriatic Arthritis
Rheumatoid Arthritis
Scleroderma
Temporal Arteritis
Vasculitis

SURGERY

Abdominal Adhesions
Anesthesia
Appendectomy
Blood Transfusion
Bowel Diversion (Colostomy)
Cholecystectomy
Craniotomy
Epilepsy Surgery
Hip Replacement

Hysterectomy
Kidney Transplantation
Liver Biopsy
Liver Transplantation
Thoracentesis
VP Shunt

TESTS

Allergy Tests
Blood Glucose Level
Blood Tests for Celiac Disease
Carotid Ultrasound
Cerebral Angiography
Cerebrospinal Fluid
Chemistry Panel
Cholesterol Level Test
Complete Blood Count (CBC)
Echocardiography (ECHO)
Electrocardiogram (ECG)
Electroencephalogram (EEG)
Electromyogram (EMG)
Hemoglobin A1C
Holter Monitor and Event Monitors
Kidney Function Tests
Lung Function Test (LFTs)
Lung Ventilation/Perfusion Scan
Mammogram
Nerve Conduction Study
Polysomnogram
Prenatal Tests
PSA Test
RAST Allergy Test
Sigmoidoscopy
Sleep Studies
Stool Tests
Thyroid Function Tests (TFTs)
Triple Screen Test
Ultrasound (Prenatal and Gynecologic)
Upper Endoscopy
Upper GI Series
Urinalysis

UROLOGY

Benign Prostatic Hyperplasia (BPH)
Cystoscopy and Ureteroscopy
Erectile Dysfunction
Hypospadias
Inguinal Hernia
Neurogenic Bladder
Prostatitis

Stress Urinary Incontinence
Urinary Incontinence
Urodynamic Testing
Vasectomy
Vesicoureteral Reflux (VUR)

WOMEN'S HEALTH

Abnormal Uterine Bleeding
Amenorrhea
Assisted Reproductive Technologies
Bacterial Vaginosis
Breast Self-Exam
Colposcopy
Contraception
Endometriosis
Hormone Replacement Therapy
Hysterosalpingogram
Infertility
Menopause
Menstrual Irregularities
Pap Test (Smear)
Pelvic Inflammatory Disease
Pelvic Pain
Perimenopause
Polycystic Ovary Syndrome (PCOS)
Premenstrual Syndrome (PMS)
Uterine Fibroids
Vaginitis
Vulvovaginal Candidiasis