



# Internal Medicine Handouts

www. \_\_\_\_\_ .com

## Conditions

- Acne in Adults
- Actinic Keratoses
- Allergic Conjunctivitis
- Allergic Rhinitis
- Alzheimer's Disease
- Anaphylaxis
- Anemia: Iron Deficiency
- Angina (Chest Pain)
- Anxiety Disorders
- Arthritis: Osteoarthritis (OA)
- Arthritis: Rheumatoid (RA)
- Asthma
- Asthma: Exercise-Induced
- Asthma: Nocturnal
- Atherosclerosis
- Atopic Dermatitis (Eczema)
- Atrial Fibrillation (AF)
- Atrial Septal Defect (ASD)
- Back Pain
- Bell's Palsy
- Bursitis and Tendinitis
- Cancer: Breast
- Cancer: Cervical
- Cancer: Colon and Rectum
- Cancer: Lung
- Cancer: Prostate
- Cataracts
- Celiac Disease
- Common Cold (URI)
- Constipation
- Contact Dermatitis
- COPD
- Coronary Artery Disease
- Crohn's Disease
- Decubitus Ulcers (Bed Sores)
- Deep Vein Thrombosis (DVT)
- Depression
- Diabetes: Type 1
- Diabetes: Type 2
- Diabetic Neuropathy
- Diabetic Retinopathy
- Diarrhea
- Diverticulitis and Diverticulosis
- Endometriosis
- Epilepsy
- Fibromyalgia
- Flu (Influenza)
- Fungal Nail Infection
- Gallstones
- Gastroenteritis: Viral
- Gastroesophageal Reflux
- Gastrointestinal Bleeding
- Genital Warts (Condyloma)
- Glaucoma
- Hair Loss (Balding)
- Headache: Migraine
- Headache: Tension-Type
- Heart Arrhythmia
- Heart Attack (MI)
- Heart Block
- Heart Failure
- Heart Murmur
- Heart Valve Disease
- Hemorrhoids
- Herpes: Genital
- High Blood Cholesterol
- High Blood Pressure
- Hyperthyroidism
- Hypothyroidism
- Impetigo
- Infertility
- Irritable Bowel Syndrome (IBS)
- Kidney Stones
- Lupus (SLE)
- Lyme Disease
- Meningitis
- Menopause
- Menstrual Irregularities
- Metabolic Syndrome
- Mitral Valve Prolapse
- Multiple Sclerosis
- Nasal Polyps
- Osteoporosis
- Pancreatitis
- Parkinson's Disease
- Pelvic Inflammatory Disease (PID)
- Pelvic Pain
- Peripheral Arterial Disease (PAD)
- Peripheral Neuropathy
- Pinched Nerve
- Pneumonia
- Poison Ivy, Oak, and Sumac
- Polyps: Colonic
- Premenstrual Syndrome (PMS)
- Prostate: BPH
- Prostatitis
- Psoriasis
- Pulmonary Embolism
- Repetitive Stress Injuries
- Restless Leg Syndrome (RLS)
- Rosacea
- Seborrheic Dermatitis
- Shingles (Herpes Zoster)
- Sinusitis: Chronic
- Skin Cancer
- Sleep Apnea
- Sprains and Strains
- STDs
- Strep Throat
- Stroke
- Supraventricular Tachycardia
- TIA
- Ulcer: Peptic (H. pylori)
- Ulcerative Colitis (UC)
- Urinary Tract Infections (UTIs)
- Ventricular Septal Defect (VSD)

## Tests & Procedures

- Angiography: Coronary (Heart)
- Blood Glucose Level
- Bone Mineral Density (BMD) Test
- Cholesterol Level
- Colonoscopy
- CT Scan: Head
- Echocardiography (ECHO)
- Electrocardiogram (ECG, EKG)
- Hemoglobin A1C
- Holter and Event Monitors
- LFTs: Lung Function Tests
- Mammogram
- MRI: Head
- Sleep Study: Polysomnogram
- Stress Testing
- Thyroid Function Tests
- X-Ray: Chest

## Medications

- Alzheimer's Disease Medications
- Anticoagulants
- Antidepressants
- Antiepileptic Drugs (AEDs)
- Antifungals for Skin Infections
- Antihistamines
- Aspirin for Heart Health
- Asthma Medications
- Bisphosphonates
- Birth Control Pills
- Corticosteroids: Inhaled
- Corticosteroids: Topical
- Diabetes: Oral Medications
- Epinephrine for Anaphylaxis
- Medication Refills and Rebates
- Parkinson's Disease Medications
- Retinoids: Topical
- Statins for High Cholesterol
- Triptans for Headache

## General Health

- Advanced Directives
- Antimicrobial (Drug) Resistance
- Asthma Diary
- Breast Self-Exam
- Cardiac Rehabilitation
- Caregiving a Parent with Cancer
- Caregiving a Parent with Dementia
- Caregiving a Parent with Heart Disease
- Contraception
- Headache Diary
- International Travel
- Overweight and Obesity
- Skin Self Examination
- Stroke Rehabilitation
- Sunscreen
- Vaccines (Immunizations)