

# Patient Education

## Endocrinology

Go to our Patient Education Toolkit below to access recommended resources

www. \_\_\_\_\_ **vivacare.com**

### CONDITIONS

- Cushing's Syndrome
- Diabetes, Type 1
- Diabetes, Type 2
- Diabetic Ketoacidosis (DKA)
- Diabetic Nephropathy
- Diabetic Neuropathy
- Diabetic Retinopathy
- Grave's Disease
- Hashimoto's Thyroiditis
- High Blood Pressure
- Hyperparathyroidism
- Osteoporosis
- Puberty, Delayed
- Puberty Precocious
- Prediabetes

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### TESTS

- Blood Glucose Level
- Bone Mineral Density
- Hemoglobin A1C
- Screening for Kidney Disease
- Thyroid Function Tests (TFTs)

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### MEDICATIONS

- Bisphosphonates
- Diabetes Medications, Oral
- Insulin
- Levothyroxine

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### PROCEDURES

- Hemodialysis
- Kidney Transplantation

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### DEVICES

- Glucose Meter
- Insulin Pump

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### SELF-CARE

- Carbohydrate Counting
- Diabetes and Diet
- Diabetes and Exercise

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### PREVENTION

- Flu Vaccine
- Stop Smoking

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