

Patient Education

Primary Care

Go to our Patient Education Toolkit below to access recommended resources

WWW. _____ **vivacare.com**

CONDITIONS

- Acid Reflux (GER/GERD)
- ACL Injury
- Allergies
- Alzheimer's Disease
- Anaphylaxis
- Anemia
- Ankle Sprain
- Anxiety
- Asthma
- Atopic Dermatitis
- Atrial Fibrillation
- Back Pain
- BPH
- Breast Cancer
- Bronchitis
- Colorectal Cancer
- Congestive Heart Failure (CHF)
- COPD
- Depression
- Diabetes, Type 1
- Diabetes, Type 2
- Endometriosis
- Gastritis
- Gout
- Headache
- Headache, Migraine
- Hearing Loss
- Hemorrhoids
- High Blood Pressure (Hypertension)
- High Cholesterol
- Hives (Urticaria)
- Influenza (the Flu)
- Insomnia

- Irritable Bowel Syndrome
- Kidney Stones
- Osteoarthritis
- Osteoporosis
- Pelvic Pain
- Pneumonia
- Prediabetes
- Rheumatoid Arthritis
- Shingles
- Sinusitis, Acute
- Skin Cancer
- Stroke
- TIA
- Tremor
- Ulcer, Peptic
- Urinary Tract Infection

TESTS

- Bone Mineral Density
- Cholesterol Level
- Echocardiogram (ECHO)
- Electrocardiogram (ECG)
- Hemoglobin A1C
- Lung Function Test
- Mammogram
- PSA
- _____

MEDICATIONS

- ACE Inhibitors
- Albuterol
- Anticoagulants
- Antidepressants

- Antihistamines
- Antiplatelets
- Bisphosphonates
- Calcium Channel Blockers
- Diabetes Medications, Oral
- Diuretics
- H2 Blockers
- Proton Pump Inhibitors
- Statins
- Triptans

PROCEDURES

- Colonoscopy

PREVENTION

- Asthma Action Plan
- Flu (Influenza) Vaccine
- Shingles (Zoster) Vaccine
- Skin Self-Exam
- Stop Smoking
- Sunscreen
- Weight Loss
