



Your Information Prescription

Mental Health

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CONDITIONS

- ADHD
- Alcohol Use & Abuse
- Anorexia
- Anxiety Disorders
- Bing Eating
- Bipolar Disorder
- Borderline Personality Disorder
- Bulimia
- Conduct Disorder
- Depression
- Eating Disorders
- Fibromyalgia
- Generalize Anxiety Disorder (GAD)
- Headaches
- Insomnia
- Learning Disabilities
- Mild Cognitive Impairment
- Overweight & Obesity
- Panic Disorder
- Personality Disorders

- Phobias
- Post-Traumatic Stress Disorder (PTSD)
- Schizophrenia
- Seasonal Affective Disorder
- Suicide
- _____

TESTS

- _____

MEDICATIONS

- _____
- _____

PROCEDURES

- Cognitive Behavioral Therapy (CBT)

- Dialectical Behavioral Therapy (DBT)
- Family-focused Therapy
- Psychodynamic Therapy
- Psychotherapy
- _____

SELF-CARE & PREVENTION

- Food Diary
- Stop Smoking
- Weight Loss
- _____

GENERAL HEALTH

- Child Development
- Medication Savings
- _____